

## Do you support diversity?

Supporting diversity is more than just acknowledging people are different from one another – it means recognizing the value in these differences and doing what you can to help others feel welcome and accepted.

## To better understand how well you approach and support diversity, answer the following questions:

- Do you believe there are several valid ways to accomplish the same goal?
- Do you listen respectfully and invite open conversation?
- Do you take into consideration constructive feedback from people who are different from you?
- Do you choose words with sensitivity, ensuring that the individuality and humanity of people are respected?

- If you hear or see someone saying or doing something offensive or harmful to yourself or others, do you speak up and address it?
- Do you try to learn about lifestyles, cultures and belief systems that are different from yours?
- Do you know your own biases and practice counteracting them?
- Are you willing to apologize when you make mistakes or accidentally hurt another person's feelings?

Each question represents an important way you can say "yes" to creating an open, safe and respectful work environment and community.

Are there more ways to say "yes" to these questions?

## **Optum**

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