



Member training:

How to Support LGBTQI+ Employees in the Workplace



June featured training

How to support LGBTQI+ employees in the workplace

Amongst any group of people, there will be a range of sexualities and genders. This variation is often depicted using the image of a rainbow to demonstrate that sexual orientation and gender identity can be more than one or other type. Our training session considers how to create a positive work environment, where difference is understood and respected by touching on the subject from a common humanity perspective. The session is interactive and covers a wide range of topics over one hour.

Participants will:

- Learn the difference between sexual orientation, gender identity and gender expression
- Understand LGBTQI+ terminology
- Explore how different cultures approach this topic
- Practise how to start a conversation with someone in the LGBTQI+ community in a way that is respectful and use their preferred pronouns
- Learn how to be an ally in the workplace
- Know how to deal with issues of disrespect or safeguarding in the workplace

Register for a live, one-hour training session or use the on-demand option to watch the training session when it's convenient for you. The training session options are in English and available globally.

<p>Recorded sessions</p> <p>On demand (no Q&A)</p> <p><u>Watch now</u></p> <p>Short on time? Watch the 10-minute summary <u>here</u></p>	<p>12 June</p> <p>7:00 am – 8:00 am BST (with Q&A)</p> <p><u>Register now</u></p>	<p>14 June</p> <p>5:00 pm – 6:00 pm BST (with Q&A)</p> <p><u>Register now</u></p>	<p>16 June</p> <p>1:00 pm – 2:00 pm BST (with Q&A)</p> <p><u>Register now</u></p>
---	--	--	--

Space is limited for the live training session options, so advance registration is required.

Next month's training will focus on understanding and embracing diversity. Keep an eye out for registration links to join a live session or use the on-demand option to watch when it's convenient for you.

This programme should not be used for emergency or urgent care needs. In an emergency, call 911 if you are in the United States, the local emergency services phone number if you are outside the United States, or go to the nearest A&E. This programme is not a substitute for a doctor's or professional's care. Due to the potential for a conflict of interest, legal consultation will not be provided on issues that may involve legal action against Optum or its affiliates, or any entity through which the caller is receiving these services directly or indirectly (e.g. employer or health plan). This programme and all its components, in particular services to family members below the age of 16, may not be available in all locations and are subject to change without prior notice. The experience and/or educational levels of Employee Assistance Programme resources may vary based on contract or country regulatory requirements. Coverage exclusions and limitations may apply.

© 2023 Optum, Inc. All rights reserved. Optum is a registered trade mark of Optum, Inc. in the USA and other jurisdictions. All other brand or product names are trade marks or registered marks of the property of their respective owners. Optum is an equal opportunity employer.