



Go on a journey to celebrate the differences in your life



Diversity brings new ideas and fresh perspectives that benefit our lives, communities and the world. Answer the questions below to discover, recognise and appreciate some of the differences in your life and the value they bring.

Fill in the blanks:

I am _____ . I am not _____ .

Think about the furthest place you've been from home. What did you like about being there?

What do you wish more people knew about you? Why?

If you could go anywhere in the world, where would you go? Why?

Write down 3 foods you enjoy. What do you like about their flavours?

What's an early memory you have of noticing something different?

How many languages do you speak? Which ones?

What part of history most interests you? Why?

How do you support cultural diversity in your community?

What do you do to gain new insights and perspectives?

What do you want to learn more about?

Think about a time you felt unwelcome. What made you feel like that?

Does someone you care about have a physical or mental disability?

Think about a time you felt left out. Why did you feel like that?

Did you ever apply for a job but didn't get it? How did that make you feel?

What are you proud of? Why?

If you could improve something about yourself, what would it be? Why?

What talents do you admire in others?

For the first person whose name comes to mind, write down 2 ways they're different and 2 ways they're similar to you.

What holidays do your colleagues celebrate that you don't?
