Fun ways to expand your cultural awareness

Here are 10 ways to enjoy cultural experiences. Tick off each one as you try them – and add a few of your own ideas!

•	1. Watch a foreign-language film
	2. Read a book set in another country
	3. Listen to music from another country
	4. Go to a cultural festival or programme
	5. Visit a museum exhibition
5	6. Listen to a travel show podcast
*	7. Try a new recipe or cook with a new ingredient
	8. Download a language app and start learning
	9. Eat at a restaurant featuring ethnic cuisine
	10. Travel to somewhere you've never been
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