

Fun ways to expand your cultural awareness

Here are 10 ways to enjoy cultural experiences. Tick off each one as you try them – and add a few of your own ideas!



1. Watch a foreign-language film



2. Read a book set in another country



3. Listen to music from another country



4. Go to a cultural festival or programme



5. Visit a museum exhibition



6. Listen to a travel show podcast



7. Try a new recipe or cook with a new ingredient



8. Download a language app and start learning



9. Eat at a restaurant featuring ethnic cuisine



10. Travel to somewhere you've never been



11. _____



12. _____

