

# You're one of a kind

A large part of your wellbeing is knowing yourself and being able to celebrate your unique personality.

For each item listed below, write or draw what best represents you, then share and discuss why with your family and friends.

If I were a colour,  
I would be



If I were a film,  
I would be

If I were a  
musical instrument,  
I would be a

If I were a meal,  
I would be



If I were a book,  
I would be



If I were a plant,  
I would be a



If I were an  
animal, I would  
be a

If I were an Olympic gold  
medallist, I would be



If I were a herb or  
spice, I would be



If I were a season,  
I would be



If I were an  
inspirational quote,  
I would be



If I were a historical  
figure, I would be



If I were a  
mythical creature,  
I would be



If I were a musical  
genre, I would be

If I were a dance  
style, I would be



If I were an emoji,  
I would be a

