

Suicide on a global scale

Mental health issues affect many of us



More than **700,000** people die by suicide every year.

77% of global suicides occur in low- and middle-income countries.

For every suicide, there are **more than 20** suicide attempts.

Suicide rates are high amongst **vulnerable populations**

Suicide is the **fourth** leading cause of death in individuals ages 15–19.

who experience discrimination, such as refugees and migrants, indigenous peoples, and LGBTQA+ individuals.



Suicide has a ripple effect that impacts families, friends, colleagues, communities and societies, help raise awareness by observing **World Suicide Prevention Day on 10 September**.

In order to be effective, a comprehensive strategy is needed.

Ensure your employees know how to access resources and mental health solutions such as the Employee Assistance Programme.



Contact Optum to learn how we can help support you and your employees.