**Celebrating Our Differences**

Diversity brings fresh perspectives. And it brings new ideas that benefit our lives, communities and workplaces. This month, let’s look at ways to see, value and support what makes each of us unique.

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| **In this month’s engagement toolkit, you’ll find:**  A **featured article** on celebrating inclusivity and diversity  A **featured article** on neurodiversity and the benefits of unique brain processes  A **featured article** on how to recognise and overcome your own blind spots  A **quick guide** on race, ethnicity and culture  An **interactive worksheet** to go on a ‘journey’ to appreciate the differences in your life  A **link** for members to easily access their benefits portal  **Member training** **course** ‘Creating a respectful workplace’  **Manager training** **resources**, including the podcast ‘Leaders leveraging cultural competency for employee success’ |

[View toolkit](http://optumwellbeing.com/newthismonth/en-GB)

**What to expect each month:**

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|  | **Latest topics** – discover up-to-date content that focuses on a new topic every month. |
|  | **More resources** – get access to additional resources and self-help tools. |
|  | **Content Library** – ongoing access to your favourite content. |
|  | **Support for everyone** – share toolkits with those you think might find the information helpful. |